



SANBORN REGIONAL MIDDLE SCHOOL

Weekly Newsletter

*A newsletter that promotes our core values of
Self Directed, Perseverance, Inspiration, Responsibility,
Independence, and Tolerance*

January 21st

Sanborn Regional Middle School

17 Danville Road, Kingston, New Hampshire 03848

(603) 382-6226

www.sau17.net



Visit Our Website

2023-24 SRSD Calendar

Past Newsletters

SRMS Facebook

Join the SRMS Boosters

SRMS Athletic Update

SRMS Bus Routes

Grading & Reporting Manual

Student Handbook

Homework Links

6th Grade

7th Grade

8th Grade

Please note that the homework assignments posted on these links are subject to change and may be updated on a daily basis. If students have any questions about an assignment, they should email or see their teacher.

Dear Students and Families,

We hope that you are all having a nice weekend. All **8th Grade Students & Families** are encouraged to attend the SRHS Incoming Freshman Information Night next **Monday, January 29th at 6pm**. Please note that the event is not on January 25th as previously advertised. For more information, please see the flyer on page 3 below.

Incoming Freshman Information Night

Welcoming the
Sanborn Regional
High School
Class of 2028!



Parents/Staff versus Students Basketball Game - On Friday, March 29th at 6pm in the SRHS/MS gym, the SRMS Boosters are hosting the annual parent/staff versus students basketball game. Any parent/guardian interested in playing in the game can sign up at the link below. If you are not interested in playing in the game, please come out to cheer on the teams, support our Boosters through purchasing concessions and raffle tickets, or consider helping our Boosters by volunteering before, during or after the game.



Click Here for Parent/Guardian Sign Up for the Parents/Staff vs. Students Basketball Game

Students Dressed For Cold Weather - SRMS staff would like families to know that even though it is winter, students still go outside at times for recess or class activities, including physical education classes. That being said, please encourage your student to wear/bring winter clothing (jacket, hat, gloves/mittens) to school. If your child is in need of winter clothing, please contact the SRMS main office and we will take care of them.

Winter Sports Update - The winter sports season is in full swing. To view sports schedules, please click the link below.



Click Here for SRMS Winter Sports Schedules

Have a great week!

Matthew Malila Jay Trafton

SRMS Principal SRMS Assistant Principal

Incoming Freshman Information Night

Welcoming the
Sanborn Regional
High School
Class of 2028!



Join us!

**MONDAY
JANUARY
29TH**

6:00PM - 7:00PM

INCOMING FRESHMEN WILL :

- Learn about high school course offerings & graduation requirements
- Find out about extracurricular & sport opportunities
- Receive a tour of the school
- Ask questions to get ready for your high school experience!

A Message From School Counseling

1000 Hours Outside Podcast

We are always looking to unravel the challenges of balancing our lives, creating positive social circles, and navigating the mental and physical wellbeing challenges that our students face. Getting all the information we can from the best sources available is daunting, and we will be gathering some of those resources together for our Sanborn community.

In the meantime, check out the [1000 Hours Outside Podcast](#). There are plenty of interesting episodes which speak to everything from teaching gratitude, to guiding kids toward passions.

Feel free to share with us any podcasts that you listen to or can vouch for as well by emailing us at zparker@sau17.net. I'd love to hear what others are tuning in for support, success, and the wellbeing of our students!

End 68 Hours of Hunger

Dear Parents and Guardians,

The Sanborn Regional School District partners with *End 68 Hours of Hunger*, a local nonprofit food program whose mission is to help families in need feed their children over the weekend. This program helps provide students with extra meals from Friday evening through Sunday evening, helping them be better prepared to come to school on Monday morning nourished and ready to learn. All food is non-perishable and easy to prepare. We collect food items for *End 68 Hours of Hunger* at all schools to support our local families. *Please note that this is a non-profit organization and not a District sponsored program.*

If you feel this is a program from which your child could benefit, please fill out the permission slip below, and return to your child's school counselor! Your child will receive a bag of food on Friday afternoons.

If you have any questions, please contact any of our counseling staff.

Bakie counselors:

Angelica Gardella agardella@sau17.net and Sue Petela spetela@sau17.net

Memorial counselors:

Rachel Nippert: rnippert@sau17.net and Amy Collins acollins@sau17.net

Middle School counselors:

Kara Byrne: kbyrne@sau17.net and Tiffany Fabiano: tfabiano@sau17.net

High School Director of Counseling:

Heidi Leavitt: hleavitt@sau17.net

District Social Worker:

Kara Prah: kprahl@sau17.net

Permission to Participate in Weekend Food Program:

I give permission for my child _____ to participate in the End 68 Hours of Hunger Food Program. I understand that my child will receive a bag of food each Friday afternoon.

Parent Signature

Date

Check One: Send home with student Parent pick up



A Message from SoRock

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.

Happy New Year!

Check out our [2023 Year in Review!](#)

Dry January

Participating in Dry January can help you take control of your health, save you money, and help foster healthy habits around alcohol throughout the year. Follow [Take a Break NH](#) to learn more

Discover the powerful stories of New Hampshire adults reducing or quitting alcohol at sobercuriousnh.org. Whatever your reason, we celebrate your decision to prioritize your health and well being. Join us in building a stronger, healthier New Hampshire together!

Don't talk about drinking as a way to manage stress—for example, don't say, “Today was terrible. I need a drink!” Instead, model healthier ways to manage stress, like exercising or talking things over with your partner.

Follow [@sorocknh](#) on FB to stay informed. If you have questions in the meantime visit sorocknh.org, drugfreenh.org or reach out to me at sorocknhcc@gmail.com We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2022-2023. [Take the 2023-2024 survey here!](#)

Attention Boosters/PTA/PTO and other parent or community/civic groups. SoRock wants to talk with you! We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to sorocknhcc@gmail.com to set something up.

[Learn more about Suicide Risk factors, protective factors, and warning signs](#)

Need Help Now? Dial **988** or call [New Hampshire Rapid Response Access Point](#) Call/Text 833-710-6477 or [Chat Now](#)

Are you a Parent in Recovery? [Children Learn a Lot from Your Recovery!](#)

Need Help with Your Recovery? [Click Here for NH Recovery Support Resources](#)

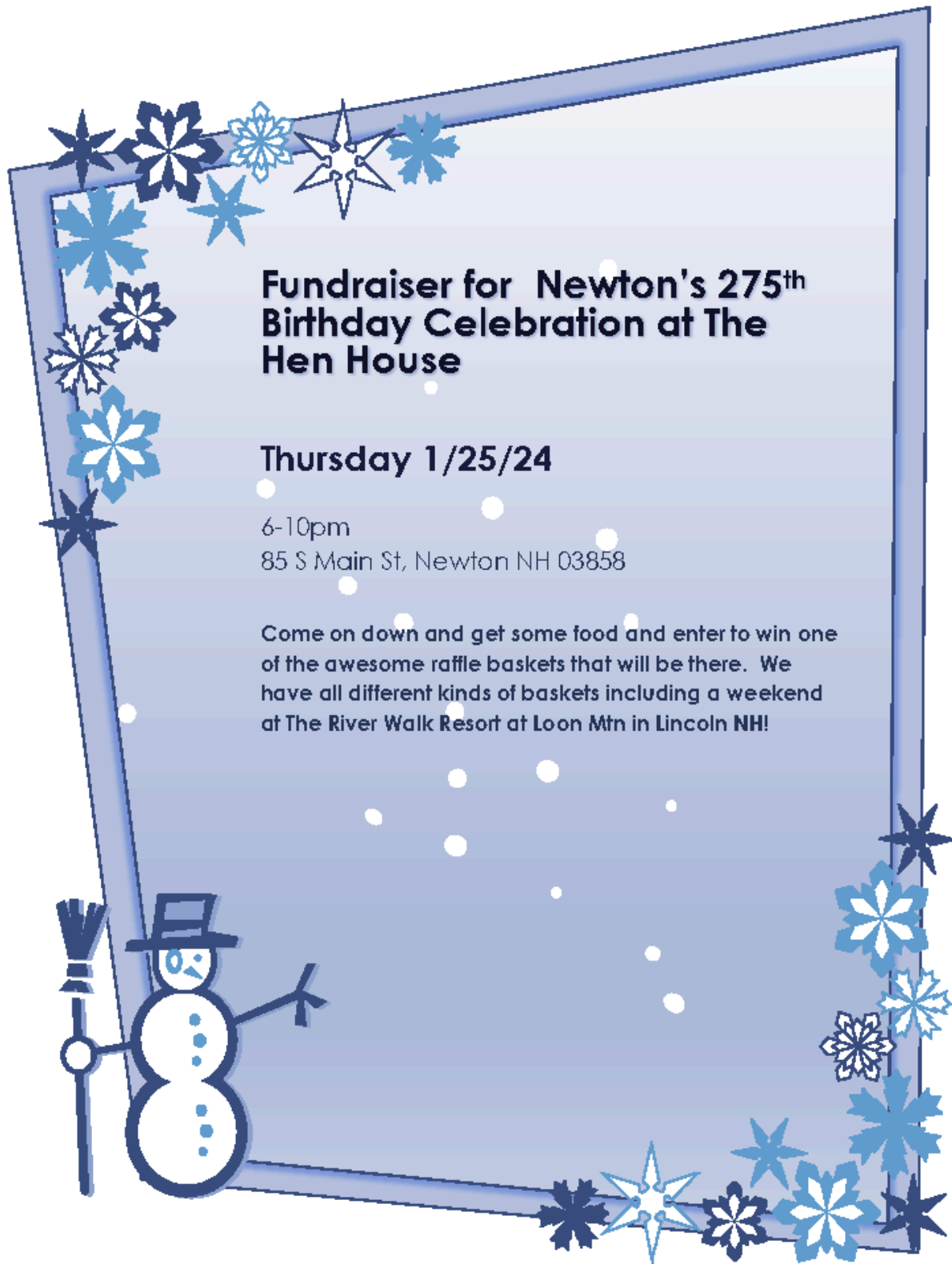
Are you impacted by the substance use of a loved one? [Find support here](#) and [here](#)

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.

Would you like to know more about SoRock, how we operate and what we do?

Email Charlotte Scott, Program Director sorocknhcc@gmail.com or call 603-642-3341 x 1235



**Fundraiser for Newton's 275th
Birthday Celebration at The
Hen House**

Thursday 1/25/24

6-10pm
85 S Main St, Newton NH 03858

Come on down and get some food and enter to win one of the awesome raffle baskets that will be there. We have all different kinds of baskets including a weekend at The River Walk Resort at Loon Mtn in Lincoln NH!



Daniel J. Bakie Elementary School

APPLICATIONS ARE NOW BEING ACCEPTED FOR SANBORN REGIONAL INTEGRATED PRESCHOOL PROGRAM 2024-2025

The Sanborn Regional *Integrated* Preschool Program is accepting applications for the 2024-2025 school year for the three and four-year-old preschool programs. Both preschool programs are located at the D.J.Bakie Elementary School in Kingston, NH. All students must be residents of either Kingston or Newton, N.H. to attend.

The three-year-old program is held Mondays through Thursdays from 8:30-11:00 AM. Eligible children must be three years old by September 30, 2024.

The four-year-old program is held Mondays through Thursdays from 12:00-3:00 PM. Eligible children must be four years old by September 30, 2024. Please note that there are limited openings in the four-year-old program.

Tuition for the three-year program is \$165 per month and the four-year-old program is \$200 per month. A tuition agreement form must be completed and returned to participate in the program. Enrollment is limited, and the deadline for applying is **Wednesday, February 28, 2024**.

All applicants must participate in a developmental screening process. Please note that this is not a Child Find. You may call to schedule a Child Check Appointment if you are questioning a possible educational issue. For more information please email Linda Tarushka at ltarushka@sau17.net. You may also call the school at 603-642-5272.

To register your child for the lottery, please go to our school website at sau17.org/3/home and click on the Preschool Lottery link.

Technology Fun Night - CLIX

Friday, February 16, 2024

6:00 PM – 8:00PM

Place: Seacoast School of Technology
Who: Grade 5 – 9 students

Cost: Voluntary donation of 3 cans of food for local food bank per person. If you would like to bring more cans, all donations will gladly be accepted.

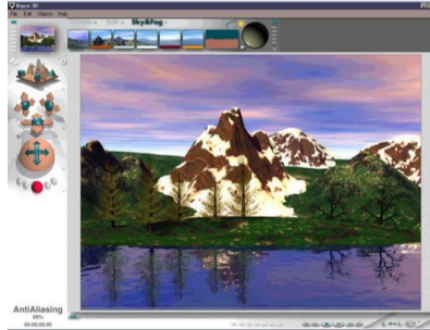
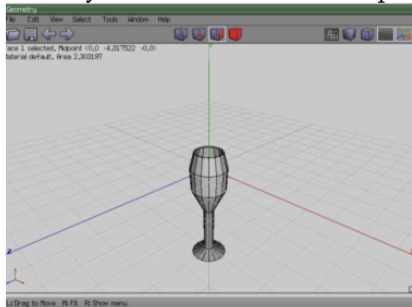
Why: This school year, the Seacoast School of Technology is offering a series of events for students to show just how much fun learning about technology can be.

How to sign up:

Register online @ <https://sst.sau16.org/en-US/technology-fun-nights-f4734f0b>.

Registration opens 8 AM on Tuesday, January 16, 2024. Registration deadline is February 15, 2024. Limited to 25 students on a first come first served basis.

This month we will be learning about 3D modeling with Wings 3D and 3D scene layout with Bryce 3D. There will be door prizes.



Any questions, contact Mr. Messa at nmessa@sau16.org or 775.8623

Come join in the fun!!!!

Sanborn Baseball and Softball Association

Registration is Open

All levels

Baseball:

T-Ball Ages 4-6 years old
Rookies ages 6 and 7
Minors ages 8 and 9
Majors ages 10 till 12
Babe Ruth Ages 13-18

Softball U8

Softball U10
Softball U12
Softball U14
Softball U16

Visit sanbornbsa.org to signup and register

Questions or need help?
Email us at:
sanbornbsa@gmail.com

This program is not associated with Sanborn Regional School District